

Advanced Camp Learning Units

CONFLICT RESOLUTION

- Identify personal behaviors in the resolution of conflict
- Implement strategies to build consensus
- Evaluate responses to conflict
- Discuss conflict resolution methods for use in an organization
- Identify and implement negotiation strategies
- Develop strategies to resolve conflict with authority structures

FINDING YOUR WHY

- Explain Simon Sinek's concept of "Why" and its value and importance
- Identify talents, needs, passions, and questions of conscience to reveal a "why"
- Develop a presentation on a topic expressing a "voice"
- Evaluate and self evaluate presentations
- Commit to apply the presentation upon returning to school
- Explore the process of change

STRESS MANAGEMENT

- Understand both real and perceived stress
- Review evidence on websites, articles, and advertisements dealing with stress
- Discuss the physical, emotional, and psychological effects of stress
- Discuss methods of reducing, managing, and coping with stress
- Practice various stress relieving techniques focusing on Guided Imagery

ETHICS OF LEADERSHIP

- Define values, moral values, ethics, and ethical leadership
- Prioritize personal values
- Identify the role of personal values in influencing decision-making
- Identify ethical behavior in school related situations
- Customize a Code of Ethics to the needs and values of any organization
- Identify strategies to make ethical decisions

FUNCTION OF COUNCILS

- Evaluate the role of structures of councils
- Apply effective meeting techniques
- Utilize effective communication and project planning skills

MOTIVATION & ACCOUNTABILITY

- Finding self confidence and using it as a leader
- Discuss personal approach to peers with negative and positive comments affecting self esteem
- Finding ways to stay motivated back at your school and throughout the entire year
- Essential components of Project Management

INNOVATIVE LEADERSHIP

- Define innovation as a collaborative process involving trial and error.
- Recognize that failure is an intermediary step towards success; You must learn how to react to and overcome setbacks.
- Describe how innovation requires experimentation and risk taking is necessary in the innovative process.
- Discuss ideas of how the more experiences one has in life the more innovative they will become.
- Develop a creative solution, through trial and error, that will effectively show the perks of being innovative.

STUDENT LEADERSHIP CHALLENGE

- Identify the Five Practices of Exemplary Leadership
- Reflect on one's current implementation of the Five Practices into their own leadership
- Learn ways to make the Five Practices and 30 behaviors an everyday part of liberating the leader inside of you

FOLLOWERSHIP

- Define and explain followership
- Show how followership is a critical element of effective leadership
- Explain different types of followers and follower development
- Explore the dynamic in the leader-follower relationship

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