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# Purpose

The booklet is designed to aid new advisors with developing and running the student councils in their middle schools to be effective organizations. In this booklet you will find resources about your PASC District, Conference Opportunities, Summer Workshop Information, and most importantly the Middle Level Benchmarks and sample documents that will help you help you to set up simple yet effective council in your middle school where the students become the leaders and the advisor merely advises!



On the next several pages, you will find contact information for your district director. Not sure which district you are in? Refer to the map below to find your county, district, and region.



# **Getting Your Council Started**

## Mission, Constitution, Finances, & Parliamentary Procedure

# STEP #1:

# DEFINE A CLEAR MISSION FOR YOUR COUNCIL

Whether you have a Middle School or High School Student Council, you must FIRST develop a mission or vision for what you & your students want your council to be. Although the students should ultimately be the driving force behind

decisions and actions, *it is the role of the ADVISOR to develop in his/her council* 

<u>a sense of purpose and identity.</u>

## The Mission of Quaker Valley Middle School Student Council

The Quaker Valley Middle School Student Council will strive each day to develop school spirit, to represent the needs and wishes of our classmates, to provide opportunities for students to work and play outside of the classroom, to give back to our school community, and to develop leadership abilities in our students to make our members better leaders and our school a better place.

The Mission of Central York Middle School Student Council

We, the Student Council of Central York Middle School, believe that school spirit, self-esteem, and communication are very important concerns of the student body. To meet these concerns, we shall provide means for:

- Responsible and effective student participation in the organization and control of student affairs.
- Taking action in the best interests of the student body.
- Providing an official voice for the expression of student opinion.
- Fostering awareness of the student's relation to peers, school, and community.

atement Vorkshop	Sample Mission Statement: The mission of the PASC Blue Workshop Staff is to motivate, educate, and inspire PASC delegates in a fun, safe environment where they can learn and expand their learn and expand their learn skills.	
<b>iting a Mission Statement</b> PASC Blue Summer Leadership Workshop	<u>How to create your</u> <u>Mission Statement</u> Have members of your group brainstorm specific words and phrases that describe your group's goals and ideals & list them on a chalkboard Them on a chalkboard but the words and phrases into similar groups & label the groups imilar groups & label the groups usin goals & ideals for your main goals & ideals for your mission statement	
Writing a PASC Blue S	A Mission Statement Should: State who you are, what you do, what your ideals are Be short and to the point Be easily understood by people Specifically state your beliefs Specifically state your beliefs Motivate your group to meet its responsibilities	

# **Constitution & Organization**

Each council is different. Some choose to have a formal constitution, and others operate with an organizational structure in place that is less formal but still offers guidelines by which the organization abides.

STEP	OFFICERS	COMMITTEES	BY-LAWS
<b>#2</b> Create an	HOW MANY OFFICERS SHOULD YOU HAVE TO FULFILL YOUR NEEDS?	HOW MANY COMMITTEES SHOULD YOU HAVE TO FULFILL THE NEEDS OF YOUR MISSION STATEMENT?	WHAT BY-LAWS SHOULD YOU USE TO RUN MEETINGS AND MAKE DECISIONS IN YOUR COUNCIL?
organizational structure that works FOR YOU and YOUR COUNCIL	4 - 5 OFFICERS PRESIDENT VICE-PRESIDENT SECRETARY TREASURER HISTORIAN	<u>4 - 5</u> <u>STANDING COMMITTEES</u> SOCIAL COMMITTEE SERVICE COMMITTEE SPIRIT COMMITTEE PUBLICITY COMMITTEE	Check out examples of Constitutions from schools
A.K.A. CONSTITUTION	Clearly define the roles & expectations of each officer	Clearly define the roles & expectations of each committee	Located in the back of this packet

## **Chestnut Ridge Middle School Constitution**

The Middle School Student Council has membership in the National Association of Student Councils and the Pennsylvania Association of Student Councils. The CRMS Student Council follows the guidelines set forth in its constitution. The aims and purposes of the student council are:

High standards of Scholarship, Leadership, and School spirit

- Promote good school community relations
- Provide constructive student expression
- Promote good student teacher relations
- Plan and assist in school functions

Student Council elections are held each September. Any interested students must submit a statement to be printed on the election ballots describing why he/she should be voted on Student Council. Each grade level may elect four student representatives to serve on their behalf. The Vice President of Student Council will serve the following year as President; therefore, the Vice President cannot be an eighth student. Officers are elected by the Student Council. The student council plans school dances, movie night, theme days, Christmas door decorating contests, provides a cafeteria committee, and serves as a liaison between the administration, teachers, and students. The student council has a questions and concerns box located on the guidance office counter.

Advisor Mrs. Cindy Clark

### SAMPLE STUDENT COUNCIL CONSTITUTION

## Article I

The name of this organization shall be the \_\_\_\_\_ School Student Council.

### Article II

PURPOSE: The purpose of this organization shall be:

To foster a spirit of cooperation among students and faculty. To promote and encourage activities for the best interest of the school. To develop good citizens and leaders through experience in government To provide a means for student expression, and To encourage student involvement.

## Article III

Section I All members of the Student Council have certain powers guaranteed by the Constitution.

1. They have a right to recommend committees on the appropriate level. 2. Recommendations for anything of student concern in the building. 3. Student publicity 4. Application of the Constitution to the school during the year. 5. Holding executive meetings and reporting them. 6. Administration of elections. 7. Constitutional proposals and changes. 8. Fundraising. 9. Cooperation with faculty or advisor to perform tasks not guaranteed in the Constitution.

Section 2- Members of the Student Council have guaranteed rights but can be overruled by the principal. The principal has veto power to eliminate any proposition he/she feels is not beneficial to the school.

## Article IV

All members of the Student Council must maintain an acceptable conduct average in order to run for and to hold office. Also, student council members must have a 77 academic average for the preceding semester.

#### Article V

The Student Body shall elect the members of the Student Council for a term of one year, during a designated election week assigned by the principal or advisor of the Council. Candidates shall be allowed to campaign the week prior to voting. Voting shall be done through a ballot, and the election committee and executive board shall determine all general details of the election.

Candidates for the election of a Student Body office must be an 8<sup>th</sup> grader to run for president, 7<sup>th</sup> grader for vice president, and 6<sup>th</sup> grader for secretary. Any

candidate running for Student Body President must have served at least one year on the Student Council. All candidates must have and maintain an acceptable conduct average in order to run for and hold office.

Student Body appointments shall be made by the Student Body President, in consultation with the Student Council Executive Council, and the approval of the advisor.

## Article VI

Section 1-Membership

The Student Council shall be made up of the officers of the student body, the officers of the 6<sup>th</sup>, 7th, and 8<sup>th</sup> grade classes. Three representatives from each grade level will also be appointed.

Section 2 - Officers

The executive officers of this organization shall be a President, vice-president, and Secretary.

<u>A. Duties of the President-</u>The president shall preside at all Student Council meetings, call special\_meetings when necessary, appoint all standing and special committees, be the chairman of the elections committee, represent the Council on all occasions, and assume all other duties generally associated with this office.

**B. Duties of the Vice-President**-The Vice –President shall assume the duties of the president in case of his absence or disability .It shall be the duty of the VP to prepare devotions for certain assemblies.

**C. Secretary-**The secretary shall keep a record of all meetings of the Council and provide a bulletin, published when necessary, to be posted in homerooms. At the close of the school year the minute book shall be filed by the secretary in the Student Council files. In addition, the secretary shall carry on correspondence of the Student Council and shall keep a record of attendance.

Section 3 - Vacancies

The Student Body president, with approval of the council and advisor, shall be empowered to fill any Student Body vacancy. Appropriate class vacancies shall be filled by the appropriate class president, with the advice of his/ her exec. Comm. and the approval of the council and the advisor. In the case of the vacancy of the president, the vice-president becomes president.

Section 4 - Nominations and Elections

The members of the Student Council shall be elected by a ballot for the term of one year. The elections committee and the executive board shall determine all general details of the elections. Section 5 - Committees

a. The following standing committees shall be appointed each year when necessary by the student body president. : Constitution, elections, human relations, publicity, and student involvement. Membership in these committees is not limited to the Student Council.

b. Special committees may be organized as necessary.

#### Article VII

MEETINGS: The Student Council shall not have to meet every week. Instead the Council will meet as necessary at the discretion of the President and advisor. The President with the approval of the advisor may call a special meeting

#### Article VIII

ADVISOR: There shall be one or more faculty advisors selected by the principal

#### Article IX

QUORUM A quorum for the transaction of business shall consist of a simple majority of the council.

## Article X

APPROVAL: The constitution of the Student Council shall be proposed by a 2/3 vote of the Student Council and shall be adopted by a 2/3 vote of the student body participating on the day of voting. Any regulation passed by the Student Council concerning the Pine Forest Middle School is subject to approval by the administration.

# **Financial Organization**

# Step #3 Finances

To fulfill your mission, you must decide how much financial support you will need. If you do not receive any funding from your school, your council will need to carry out fundraising. Fundraisers can be school wide or can be as simple as hosting a dance. This is something that Quaker Valley does very often. We achieve two objectives of our mission in one event: promoting social

play outside of the classroom as well as raising money for our council or for a charitable cause.

It is very important for your treasurer to give a financial report at each meeting of your council. If your council is to effectively plan activities, the members must know how much money is at their disposal.



Sample Treasurer Ledger in the back of the packet

Date	Description	Deposit	Expense	Balance
10/19/06	6th Grade Fundraiser	\$ 1,451.50		\$ 1,451.50
10/19/06	7th Grade Fundraiser	\$1,175.75		\$ 2,627.25
10/19/06	8th Grade Fundraiser	\$880.00		\$ 3,507.25
10/24/06	PASC State Conference		\$475.00	\$ 3,032.25
10/24/06	Deer Lakes Conference		\$48.00	\$ 2,984.25
10/24/06	Crystal Clear Entertainment DJ		\$200.00	\$ 2,784.25
10/26/06	Deer Lakes Transportation		\$121.84	\$ 2,662.41
10/26/06	Baseball T-Shirt Design Prize		\$25.00	\$ 2,637.41
10/27/06	Fall Ball Profits	\$530.00		\$ 3,167.41
20-Nov	Juggling Club Request		\$450.00	\$ 2,717.41

Quaker Valley Middle School Student Council Finances

# **STEP #4**

# PARLIAMENTARY PROCEDURE

## **MOTION**

A MOTION IS A NEW IDEA TO BE INTRODUCED "I MOVE..."

## SECOND THE MOTION

- EACH MOTION MUST BE SECONDED BY 1 COUNCIL MEMBER
- "I SECOND THE MOTION..."

## DISCUSSION

- AFTER A MOTION IS SECONDED, MEMBERS MUST DISCUSS THE PROS & CONS OF THE MOTION
- DISCUSSION SHOULD HAVE A TIME LIMIT OF NO MORE THAN 5 MINUTES

## VOTE

- AFTER THE MOTION HAS BEEN DISCUSSED, MUST VOTE YES OR NO.
- IF THE COUNCIL VOTES YES, THE MOTION PASSES

# **Meeting Organization**

Having students run an effective meeting can be extremely difficult unless the students have a structure by which to operate. Using an agenda and basic parliamentary procedure will enable your students to accomplish all that they want to in an effective manner.

## Sample Agenda

- I. Call to Order
  - a. The President starts the meeting
- II. Roll Call
  - a. The Secretary takes attendance to find out who is absent from the meeting
- III. Reading and Approval of the Minutes a. The Secretary reads the notes from the last meeting to remind everyone what was done
- IV. Officer Reports
  - Each officer will report on anything they have to say, and will go in this order:
     i. President
    - ii. Vice President
    - iii. Treasurer
    - iv. Secretary
- V. Committee Reports
  - a. Committee Chairs will talk about the activities they are working on
- VI. Old Business
  - a. Things that your council needs to finish talking about from the last meeting
- VII. New Business
  - a. New things that your council needs to talk about
- VIII. Announcements
- IX. Adjournment



## **Student Council Meeting Agenda**

- I. Council Communication
  - a. I need everyone's e-mail in order to e-mail the agendas to you
- II. Committees
  - a. We need to get organized into committees to start coordinating
  - b. We will have committee meetings from time to time.
  - c. OFFICERS- we will be having a meeting at my house or at some location in Sewickley in order to discuss current projects and the status of our events under construction.
- III. Brainstorm social events from October to December
  - a. Last year each month had two-four events. Due to our budget, we probably want to keep it this way.
  - b. There is definitely going to be a dance and a pep rally this year.
- IV. Committees
  - a. SOCIAL COMMITTEE- you should be getting ready for the dance. Seeing as it is the first one of the year, we need really good decor and music. We are all going to help out and you will get your budget soon.
  - b. SPIRIT COMMITTEE- I was serious when I said we could do a bonfire pep rally. If you want, I can write a proposal for one, so if the school board says yes, we need to get the band, cheerleaders, and teams ready to perform.
  - c. SERVICE COMMITTEE- What are your ideas?
- V. Budget
  - a. Treasurer will tell us the current balance.
  - b. We should vote on a budget for the first dance, pep rally, service event, or anything else we are doing in October.

ALL IN ALL- Committees, you have your work cut out for you. Last year's events were either really cool or really in need of improvement, so we need to really make sure we stay on top of things. I know we'll do great!

V. Adjournment

## Student Council General Meeting

## Agenda

- I. Call to Order (PRESIDENT)
- II. Roll Call
  - a. Take attendance of all those representatives present (SECRETARIES)

## III. Reading and Approval of the Minutes

- a. SECRETARY reads their notes from the last meeting
- b. The Student Council votes to approve the minutes so they can become the official record of the council's meeting
- IV. Officer Reports
  - a. Each officer will report on anything they have to say, and will go in this order:
    - i. President
    - ii. Vice President
    - iii. Treasurer
    - iv. Secretary
- V. Committee Reports
  - a. Committee members will report on what their committees are doing and give updates on how the work is coming along
- VI. Old Business
  - a. Business from the last meeting can be brought up here and discussed again during Old Business

## VII. New Business a. New ideas can be introduced and discussed in New Business

## VIII. Announcements

- a. Any member of student council can make announcements to the entire group
- IX. Adjournment

# **Project Planning**

# **The ROPES of Project Planning**

Reason			
_Social	_Service	_Fundraiser _Spirit:	
Objectiv	ves		
Main Goal:			
How:			
When:			

# $\mathbf{P}_{\text{lanning}}$

Brainstorm ideas: (Using a chalkboard is ideal for filtering.)

Action	<u>Who</u> 's job	By when	Done
		1	
		· · · · · ·	7 <u></u>
		1.000	
			-

# Execution

Get your approvals and advertise using a central theme.

Use the "Done" column above to track your progress.

# **S**<sub>ee How It Goes</sub>

Discuss what worked well and what didn't. Write an evaluation within a few days. Did you meet the project's goal?

Strengths	Weaknesses

# **Characteristics & Roles of Officers**

	- Lead Meetings
President	- Act as a Role Model
I I Condenie	- Organize the Agenda, Respect Members
	- Be Open-Minded
	- Communicate with Members, Advisor, & Principal
	• Back up to the President
	<ul> <li>Head of a committee or activity</li> </ul>
Vice President	<ul> <li>Keeping track of a calendar</li> </ul>
	<ul> <li>Filling in for the President</li> </ul>
	Sharing responsibility
	• Keeping notes/minutes at meetings
Secretary	• Take Roll
•	<ul> <li>Communicates with school &amp; student body</li> </ul>
	• Web page updater / manager
	• Budget for events
	• Money management
Treasurer	• Sign checks
	• State how much money your council has
	• Accept ideas based on money available
	• Keep cash logs & collect money from fundraiser
	• Plan events
	• Set up the events
Committee	· Communicates about their committee's actions
Chair	<ul> <li>Keeps the council informed</li> </ul>
011411	• Take requests from representatives & put them into
	action
	• Talk to students & represent the school
	Promote school spirit
Representative	<ul> <li>Bring up ideas &amp; concerns at meetings</li> </ul>
•	• Worker Bees
	• Speak for the student body

# Summer Leadership Workshops

PASC offers an outstanding Summer Leadership Workshop for students going into grades 7 - 11. If you send your officers and other student council members to Blue, Gold, and Advanced Gold, they will return to you changed individuals, filled with knowledge, enthusiasm, ideas, and energy that will spread throughout your council like wildfire. Have your students take advantage of this priceless opportunity!!

# Discover

- new ways to bring out the best in others!
- great ideas for activities you won't want to miss!
- proven strategies for overcoming difficult situations

# xpand

- your knowledge of the ethics and principles of leadership!
- your willingness to accept more challenging responsibilities!
- your understanding of, and appreciation for diversity!

# Inhance

- your capacity to help others make decisions and take action!
- your power to make an effective presentation!
- your ability to clarify expectations and hold people accountable!
- your ability to write and present proposals that will get administrator approval!

# Develop

- your leadership skills before you have to demonstrate them in your school!
- your ability to listen while you lead! 18
- an understanding of how to develop cohesive teams!



a week at camp

spend

## A PASC Summer Workshop offers the experience of a lifetime!

Imagine the energy, excitement, and enthusiasm of a PASC conference. Now, add a week of dynamic "hands-on" leadership training and the opportunity to exchange ideas and build connections that will last for years to come. If you're going to invest a week of your summer,

# **Student Testimonials about PASC Summer Leadership Workshops**

"BLUE is an experience unlike any other. If you are willing to go the extra mile and truly want to grow as a leader, then BLUE will show you the way to becoming the leader and the individual that you truly are."

> Noah Pollio, Union Area MS

BLUE was that I learned the important qualities of student council, yet I still had so much fun making new friends and getting the true feeling of being a leader."



Sydney Sepkovic, Connellsville Jr. HS

BLUE was an amazing week! I learned all about leadership, and how to work as a team. It's a great experience for any up-and-coming leaders who need that extra edge to take them to the next level.

> Jeremy Ruppert, Ingomar MS

It is absolutely amazing how within a short amount of time we are able to create and plan tons of successful and memorable events with kids we just met!

> Anissa Gardizy, Penndale MS

"All of the activities you do at this camp are extremely fun, but they also teach you important leadership skills. At this camp you learn more than just how to be a leader; you learn how to be a good follower and support all of your fellow council members."

> Molly Forrest, Quaker Valley MS

