How to Run a Middle Level Mini-Conference

PASC District 3

Revised 2010

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***A complete set of PASC Icebreakers can be found on the PASC Website: www.pasc.net**
Click on "Resources" then click on "Songbook"

Purpose

The booklet is designed to aid middle level advisors and students in planning a middle level mini-conference. Inside this packet, you will find procedures, timelines, and sample documents that will help you to plan a fun, exciting, and worthwhile conference specifically for middle level students.

Focus

A middle level mini-conference serves various purposes, among them introducing non-PASC schools to the PASC organization and providing the opportunity for new student council members with limited or no Student Council experience to acquire knowledge and resources that they need to become a successful student council member in their schools.

At the middle level, the main focus is on giving workshops and providing training to the students. The following six (6) areas have been designated as part of the PASC Middle Level Curriculum and should be the focus for middle level workshops:

- Calendar and Project Planning
- Communication Skills
- Leadership Skills
- Meeting Skills
- Officer Skills
- Self-Esteem

Procedure

Time needed to plan: AT LEAST TWO (2) MONTHS

1. **SET A DATE**
    a. Usually autumn (late October or early November)
    b. Special considerations:
        i. Bussing – Make sure the conference time is late enough in the morning and early enough in the afternoon to accommodate other schools' transportation systems.
        ii. Location of the Host School – This especially needs to be considered when planning if traffic congestion to and from the conference would be a problem
        iii. Student Council Elections – Because many schools hold elections in late September and early October, the later part of the fall is best to hold the conference. You may wish to contact schools in District 3 to find out when they hold their elections.

2. **OBTAIN ADMINISTRATIVE APPROVAL & SUPPORT**
    a. The Host School MUST present a letter of approval from the District Superintendent and the Building Principal

3. **DECIDE THE TIME AND LENGTH**
    a. Usually three (3) to four (4) hours. Most middle level students have never attended a conference before. A 3-4 hour conference provides enough time for main workshops, a general session, and a speaker.
    b. It is easier not to serve lunch. A 3-4 hour conference can be held before or after lunch.
    c. If the conference is held in the morning, you will want to provide a continental breakfast. If the conference is held in the afternoon, you may want to provide light refreshments.

4. **CHOOSE A THEME**
    a. The theme should be relevant to Student Council and student leadership.
    b. The theme should be:
        i. Positive, motivating, & catchy
        ii. Concrete, basic, & specific
        iii. Student generated
    c. All parts of a mini-conference should support the theme and it should be easy for students to take aspects of the theme and put them to use in their own individual schools. Past themes have been "The Building Blocks of Leadership" and "Keys to Leadership Unlock New Possibilities"

5. **CHOOSE A MAIN SPEAKER**
    a. A local personality (versus a professional speaker) is recommended, for a local speaker may not charge and may be especially interesting for the students.
    b. The length of the speaker should be about half an hour.
    c. The topic must reflect the theme of the conference and should be motivational.
    d. Depending on the speaker you choose, the session will vary. The speaker may offer a motivational message or have an interactive presentation; that is a decision that you and your students must make.
    e. Compensation for the speaker should be in the range of $250.

6. **DEVELOP AND SET UP WORKSHOPS**
    a. Workshops are important at this level. The topics of the workshops should pertain to the following topics that are part of the PASC Middle Level Curriculum:
        i. Calendar and Project Planning,
        ii. Communication Skills
        iii. Leadership Skills
        iv. Meeting Skills
        v. Officer Skills
        vi. Self-Esteem

DEVELOP AND SET UP WORKSHOPS (continued)

b. Ask the District Board for names of students who would be potential workshop presenters. This is a good chance for first-time presenters to conduct a workshop and gain experience.
c. The student led workshops should last approximately 45 minutes.
d. Depending on the schedule that you set up, you can have either two (2) or three (3) student led workshops.
e. The best way to ensure that even numbers of student attend the workshops and that not all of the students from the same school attend the same workshop is to assign each student to specific workshops. This information should be included on the students' nametag.

7. **MAKE A BID TO THE PASC DISTRICT BOARD**
   a. Go through each of the first six (6) steps listed here. Make sure that you fully explain each of these six (6) steps in a formal presentation.
   b. Describe your school facilities and where each part of your school where the conference would take place.
   c. State the experience and commitment of your Student Council members, advisor, and administration.
   d. Use an enthusiastic student or group of students to formally present your bid to the PASC District Board.

8. **OBTAIN APPROVAL & SUPPORT FROM YOUR PASC DISTRICT BOARD**
    a. Conference chair people and host school advisor(s) become ex-officio members of the PASC District Board.
    b. Compile a list of resources. Include past hosts of mini-conferences and copies of their materials to aid you in your planning.
    c. Establish a fee to attend the conference (PASC member fee vs. non-PASC member fee)

9. **IDENTIFY AND FORM COMMITTEES**
    a. Registration / Publicity
        i. Duties: mailing, clerical, prices, fees, folders with schedules, nametags, set up
        ii. Over Plan: plan for more than you expect
    b. Workshops
        i. Duties: set up workshops and materials the presenters need for their workshops (materials, technology, etc.)
        ii. Ask the District Board for help in finding students to present the workshops
    c. Refreshments
        i. Duties: plan for and acquire any refreshments that will be served
    d. Decorations
        i. Duties: make, buy, and put up decorations related to the conference theme
    e. Troubleshooting
        i. Duties: Answer questions or problems any students or advisors may have, guide students and advisors through the building to locations of workshops

f. General Steering
    i. Duties: opening & closing sessions including icebreakers & explanation of the theme
    ii. This committee is made up of the Conference Chairperson(s) and committee chairs.
g. Utilize community and staff when necessary
    i. Ask teachers in the building to help in any way necessary
    ii. Ask parents (PTA, Home & School) for support and help if necessary

10. **SET LONG-TERM & SHORT-TERM GOALS**

11. **DEVELOP A TIMELINE FOR SENDING LETTERS AND WORKSHOP APPLICATIONS**
    i. First Mailing – General Information
        - 6 weeks prior to the conference
    ii. Registration
        - 4 weeks prior to the conference
    iii. Set closing registration date
        - See enclosed samples of mailings, packets, & icebreakers

12. **CONFIRM WORKSHOP PRESENTERS & SPEAKER**

13. **PLACE STUDENTS IN WORKSHOPS**
    i. Assign students to the workshops they will attend as you receive registration
    ii. Do your best to assign students from the same school to different workshops as to meet new people and get different information

14. **FINALIZE COMMITTEE PLANS**

15. **ENJOY THE CONFERENCE!**

Follow-up

1. Send thank you notes to all who helped put the conference together

2. Compile a final report to the District Board (see sample included)

3. Ask for a District Board evaluation and suggestions

MINI-CONFERENCE DISTRICT REQUEST

To: Mr. Aiken, Principal

From: R.J. Long & Julie Poljak, Student Council Advisers

Re: Fall 2009 PASC District 3 Middle Level Leadership Conference

Quaker Valley Middle School is currently serving as a representative school on the Pennsylvania Association of Student Councils (PASC) District 3 Board that is comprised of all schools in Allegheny County. Our student representative on the District 3 Board is eighth grader Caroline Steliotes.

At the May District Board Meeting, Quaker Valley Middle School was selected to host the Fall 2009 Middle Level Student Council Conference. It is an honor and a privilege to have been selected to host a conference for all of the middle schools in Allegheny County, and our student council is extremely excited and motivated to accomplish this task with great success.

Allow me to give you some background information about what a conference like this entails. Middle school conferences are only half of a day and usually begin around 8:00 AM and conclude at noon. Student councils from all middle schools in Allegheny County would be invited to attend. Last fall, Deer Lakes Middle School hosted this conference, where approximately 95 students attended. We would estimate our numbers to be fairly similar.

Once the students arrived in the morning, they would pick up registration folders with schedules then have a continental breakfast (provided by our student council from contacting businesses for donations / deals). After breakfast, the students would then move to the auditorium for Quaker Valley administrators to welcome the students to Quaker Valley, followed by PASC energizers and ice breakers. We would then have a keynote speaker that would provide some type of leadership speech for the students that would align with a theme that our students chose for the conference. Following the keynote speech, the students will attend 2 workshops on various topics that include School Spirit, Communication, Leadership, and Personal Skills. After the workshops, the students would move to the auditorium for the closing session, then depart back to their schools just before noon.

Before we can move forward with planning, we need to present you with information for district approval. The date we are looking at hosting the conference is Monday, October 12, which is an In-Service Day for teachers and no school for students. The conference is set to run from 8:00 AM – Noon.

We appreciate your consideration in this matter and look forward to hearing from you. It would be a great opportunity for Quaker Valley Middle School and our student council! Thank you very much.

R.J. Long & Julie Poljak, Student Council Advisors

T.E.A.M.

TOGETHER
EVERYONE
ACHIEVES MORE!

2009 PASC District 3
Middle Level Mini Conferenc

MONDAY, OCTOBER 12, 2009

Quaker Valley Middle School
201 Graham Street
Sewickley, PA 15143

September 18, 2009

With the Steelers and the Penguins teams bringing the Lombardi Trophy and the Stanley Cup back to Pittsburgh, it's time for your council to become a championship team. In a great T.E.A.M, Together Everyone Achieves More! It's also time for you to register for the PASC District 3 Middle Level Mini Conference hosted by Quaker Valley Middle School. Your student council is invited to come to Quaker Valley Middle School for the 2009 PASC Middle Level Mini Conference. If you're not doing anything on October 12, which is Columbus Day, from 8:45-12:00 noon, you are now. On the morning of October 12, 2009, you should be on your way to the Quaker Valley Middle School auditorium!

The 2009 PASC Mini Conference cannot be beat! Our theme is **T.E.A.M: TOGETHER EVERYONE ACHIEVES MORE!** We will have a terrific guest keynote speaker, Greg Kenney, who will share with us the story of one of the greatest teams of all time, the Brooklyn Dodgers, by portraying the character of Jackie Robinson. This conference will encourage middle level students to become a great part of their student council team.

At the 2009 PASC Middle Level Mini Conference, we hope that all delegates will become future leaders, and learn to better manage life and their student councils. This conference will help build leadership abilities, responsibility, teamwork, project planning, and review or introduce parliamentary procedure. This conference is meant to help younger students to understand how to be a part of a team, and become a more active role in their student councils.

All schools are welcome!!!! Cost for the conference is $5.00 per delegate and $5.00 per advisor. Please make checks payable to Quaker Valley Middle School Student Council, complete the attached registration form, and mail it to: Quaker Valley Middle School. You can also fax it to: (412)-749-9844. Enclosed you will find a registration form, conference schedule, and directions to Quaker Valley Middle School. We all hope to see all of you there to participate in this exciting event!!

Sincerely yours,
Caroline Steliotes
Conference Chairperson

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2009 PASC District 3
Middle Level Mini Conference

MONDAY, OCTOBER 12, 2009

Quaker Valley Middle School
201 Graham Street
Sewickley, PA 15143

REGISTRATION FORM

School Name:_____

Student Council Advisors: _____

School Phone Number: _____

Delegates:

1._____ 11._____

2._____ 12._____

3._____ 13._____

4._____ 14._____

5._____ 15._____

6._____ 16._____

7._____ 17._____

8._____ 18._____

9._____ 19._____

10._____ 20._____

CONFERENCE COST

$5.00 PER DELEGATE
$5.00 PER ADVISOR

# of delegates _____ @ $5 each

# of advisors _____ @ $5 each

Total Due: $_____

REGISTRATIONS MUST BE POSTMARKED BY **FRIDAY, OCTOBER 2**

RETURN ADDRESS:
Quaker Valley Middle School
201 Graham Street
Sewickley, PA 15143

Make checks payable to **QUAKER VALLEY MIDDLE SCHOOL STUDENT COUNCIL**

2009 PASC District 3
Mini Conference Registration

Last Name	First Name	School	Role
Jaros	Jackie	Deer Lakes	Advisor
Brukner	Brandi	Deer Lakes	Advisor
Holoweckyi	Marilynn	Deer Lakes	Advisor
Weidner	Lindsay	Deer Lakes	Advisor
Cresta	Julia	Deer Lakes	Delegate
Karpuzi	Arlina	Deer Lakes	Delegate
Janecek	Hannah	Deer Lakes	Delegate
Bertha	Bobby	Deer Lakes	Delegate
Phillips	Ken	Deer Lakes	Delegate
Morrisey	Alexis	Deer Lakes	Delegate
Novak	Claire	Deer Lakes	Delegate
Gaurrich	Kira	Deer Lakes	Delegate
Lindgren	Tyler	Deer Lakes	Delegate
Bailey	Faith	Deer Lakes	Delegate
Blough	Ashley	Deer Lakes	Delegate
11 Delegates	**4 Advisors**	**$75.00**	**PAID**
Bogosta	Caitlin	Pine-Richland	Advisor
Rowe	Taylor	Pine-Richland	Delegate
Sanzi	Katrina	Pine-Richland	Delegate
Leibensperger	Carrie	Pine-Richland	Delegate
Lowry	Nick	Pine-Richland	Delegate
Lott	Jen	Pine-Richland	Delegate
Nussbaum	Paul	Pine-Richland	Delegate
Nussbaum	Andrew	Pine-Richland	Delegate
Miscovich-Marx	Torin	Pine-Richland	Delegate
Hein	Andrew	Pine-Richland	Delegate
Keeler	Rachel	Pine-Richland	Delegate
10 Delegates	**1 Advisor**	**$45.00**	**PAID**
		$10.00	**OWES**

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Middle Level Mini Conference

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Quaker Valley Middle School
201 Graham Street
Sewickley, PA 15143

CONFERENCE SCHEDULE

8:45 – 9:15	Registration: Auditorium Lobby Breakfast: Cafeteria
9:15 – 9:30	Opening Session: Music & Slideshow Welcome: Caroline Stelliotes: Chairperson Pledge of Allegiance: Pilar Puyana National Anthem: Izzy Olive & Jane Blaugrund Quaker Valley Administrators: Mr. Aiken Jackie Jaros: PASC District 3 Director Icebreakers: QV Student Council Members
9:30 – 10:15	Caroline Stelliotes: Introduce Keynote Speaker Keynote Speaker: Greg Kenney
10:25 – 10:55	Workshop Session 1
11:00 – 11:30	Workshop Session 2
11:35 – 11:55	Closing Session State Conference Video Grove City Blue Summer Workshop DVD Closing Remarks: Jackie Jaros: PASC District 3 Director Caroline Stelliotes: Thank you & Goodbye
12:00 Noon	Depart for Home

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Middle Level Mini Conference

MONDAY, OCTOBER 12, 2009

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Sewickley, PA 15143

ADVISOR SCHEDULE

8:45 – 9:15	Registration: *Auditorium Lobby* Breakfast: *Cafeteria*
9:15 – 9:30	Opening Session: *Auditorium*
9:30 – 10:15	Keynote Speaker: *Auditorium*
10:25 – 10:55	ELF Entertainment: *Auditorium*
11:00 – 11:30	Advisor Hospitality: *Cafeteria*
11:35 – 12:00	Closing Session: *Auditorium*
12:00 Noon	Depart for Home

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Sewickley, PA 15143

Conference Committees

Publicity

Decorations

Food / Breakfast

Opening / Closing Session

Workshops

2009 PASC District 3
Workshop Assignments

Workshop Room Assignments:

Communication:	**Room 314**
First Impressions:	**Room 310**
Stress Managment:	**Room 309**
Self-Confidence:	**Room 307**
Team Work:	**Room 305A**

	Communication	
Session 1		**Session 2**
Julia Cresta		Ken Phillips
Alexis Morrisey		Bailey Faith
Ashley Blough		Marlee Bickmore
Lydia Ostryniec		Haylee Flory
Paul Nussbaum		Justin Vasil
Katrina Sanzi		Nick Lowry
Alana Anselmi		Torin Miscovich-Marx
Stephanie Barros		Kelly Rothrock
Lewis Gross		Maddy Scott
Anna Wadhwani		Paige Harouse
Libby Croce		Leah Kassalen
Chelse Rohan		Alexis Toth
Amanda Ruffing		Chelsea Cannon
Sam Arthrell		Carley Rosso
Lexi Lucas		Natalie Talarico
Sam Rutan		Meghan Lucas
Ally Burton		Xan Statias
Eli Badaczewski		Jaime Broeker
Allie Cummings		Libby Roach
		David Tallman

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2009 PASC District 3
Middle Level Mini Conference

MONDAY, OCTOBER 12, 2009

Quaker Valley Middle School
201 Graham Street
Sewickley, PA 15143

Directions to Quaker Valley Middle School

If you have questions about directions or difficulty finding the school, please call R.J. Long: 724-355-3307

From Pittsburgh: Take the Ft. Duquesne Bridge towards Heinz Field and get on Rt. 65 North. Travel on Rt. 65 North app. 8 miles. At the stoplight at Chestnut Street, turn right. After going approx. one block, turn right onto Harbaugh Street. The school will be on your right. Buses can unload the students at the entrance on Harbaugh Street with the large portico and columns.

From North: Take I-79 South towards Pittsburgh to the Rt. 65 Emsworth-Sewickley Exit (Exit 66 just before the Ohio River). At the end of the exit, turn left. This will take you through a 25 mph speed zone. When you come to a "T," turn right onto Rt. 65 North towards Sewickley. Follow Rt. 65 North approximately 3 miles. At the stoplight at Chestnut Street, turn right. After going approx. one block, turn right onto Harbaugh Street. The school will be on your right. Buses can unload the students at the entrance on Harbaugh Street with the large portico and columns.

From South: Take I-79 North towards Pittsburgh to the Rt. 65 Emsworth-Sewickley Exit (Exit 66 just after crossing the Ohio River). On the exit, follow signs towards Sewickley / Rt. 65 North. Follow Rt. 65 North approximately 3 miles. At the stoplight at Chestnut Street, turn right. After going approx. one block, turn right onto Harbaugh Street. The school will be on your right. Buses can unload the students at the entrance on Harbaugh Street with the large portico and columns.

From East of Pittsburgh: Take the Pa. Turnpike West to (Cranberry Exit) I-79. Follow I-79 South. Take I-79 South towards Pittsburgh to the Rt. 65 Emsworth-Sewickley Exit (Exit 66 just before the Ohio River). At the end of the exit, turn left. This will take you through a 25 mph speed zone. When you come to a "T," turn right onto Rt. 65 North. Follow Rt. 65 North approximately 3 miles. At the stoplight at Chestnut Street, turn right. After going approx. one block, turn right onto Harbaugh Street. The school will be on your right. Buses can unload the students at the entrance on Harbaugh Street with the large portico and columns.

Evaluation of Middle Level Mini-Conference

- Seven schools attended our mini-conference including ours, Deer Lakes, Carson Middle, Pine-Richland Middle, Steel Valley, Dorseyville Middle (Fox Chapel), Hampton, & Jefferson Middle (Mt. Lebanon).
- Highlights of the program include: Our beginning icebreakers which got the students up and active, Our guest speaker Greg Kenney, the five workshops and their amazing presenters, and the ending video about Grove City Blue Summer Workshops
- I believe the conference went extremely well. We had everything organized and were ready for any challenges. Our registration committee found no problems in registration, and our breakfast also went well. I (or Amber) found no problems except for when the first half of the conference before workshops ended fifteen minutes ahead of schedule. It was a problem, but we got through it and the rest of the day went fine.
- Next year, I would also recommend having workshops, like we did this year. It was a lot of fun and people from the presenting school can participate in them, too. Other than those things, I think you are good to go for next year.

Caroline Steliotes, Conference Chairperson
& the Quaker Valley Middle School Student Council

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2009 PASC District 3
Middle Level Mini Conference

MONDAY, OCTOBER 12, 2009

Quaker Valley Middle School
201 Graham Street
Sewickley, PA 15143

Report of Middle Level Mini-Conference

- Seven schools attended our mini-conference:
  - Deer Lakes, Hampton, Pine-Richland, Jefferson, Dorseyville, Carson & Quaker Valley

- Highlights of the program include:
  - Our beginning icebreakers which got the students up and active
  - Our guest speaker Greg Kenney posed as Jackie Robinson and gave an amazing speech about what it is like to be a successful member of a TEAM
  - The four workshops and their amazing presenters:
    - ♣ Communication
    - ♣ First Impressions
    - ♣ Stress Management
    - ♣ Self-Confidence
    - ♣ Team Work
  - Ending video about Grove City Blue Summer Workshop

- Committee Reports
  - Registration
    - ♣ Our registration committee found no problems in registration; everything went very smoothly. Some nametags were incorrectly spelled, but were replaced very quickly with no major problems.
  - Food
    - ♣ Our breakfast went very well. All of the food was donated except for the juice which we purchased from our cafeteria
  - Decorations
    - ♣ Our decorations went along with our theme & looked great!
  - Workshops
    - ♣ Three students were scheduled to be in the same workshop twice, but the number of students in each workshop was very even (about 17 students in each session), so we just told the students to attend a workshop that they were interested in.

Report of Middle Level Mini-Conference

- General Sessions
  - ♣ Went smoothly – well rehearsed and practiced.
  - ♣ We should have had a wireless or hand-held microphone for the keynote speaker

- Suggestions for next year:
  - Next year, I would also recommend having workshops, like we did this year. It was a lot of fun and people from the presenting school can participate in them, too.

- Budget

Registration Fees from 73 delegates & advisors:	$530.00
Keynote Speaker	-$300.00
Printing, Postage, & Nametags:	-$50.00
Decorations:	-$95.00
QV Café Breakfast Juice:	-$55.00
	-$0.00

Respectfully submitted,

Caroline Steliotes
Middle Level Conference Chairperson

OPENING SESSION SCHEDULE

1. **OPENING SESSION VIDEO**

2. **Welcome!**
   Read by: Caroline Steliotes – Conference Chair

Hello everyone and welcome to Quaker Valley Middle School for the 2009 District 3 Mini-Conference. I am Caroline Steliotes, the conference chairperson. The theme for today's conference is team, T.E.A.M., or Together Everyone Achieves More. Working together and everyone doing their part is extremely important if you want to have a good student council and when working with others outsides of student council. We have a busy morning. We will have some fun ice breakers to get everyone excited for today. We will also here the pledge of allegiance and the national anthem, here our Principal Mr. Aiken, who we are very glad to have here today speak and Mrs. Jaros talk about district 3 opportunities. To end the opening session we will have our keynote speaker Greg Kenney. Greg Kenney is a talented actor who will be impersonating Jackie Robinson. Then we will all go to two workshops done by experienced PASC students or graduates. We will end it with everyone coming back in here for the closing session. I hope you have a great time today and I will see you back at the closing session. But, I urge you to ask me any questions that you may have during today's conference. Thank you and have fun!

Please welcome Quaker Valley Student Council President Pilar Puyana to lead the Pledge of Allegiance.

3. Pledge of Allegiance:
Pilar Puyana – QVMS Student Council President

SAY: "Please stand and join me in the Pledge of Allegiance."
-------Recite the Pledge of Allegiance-------
SAY: **"**Please remain standing and join Izzy Olive and Jane Blaugrund in singing our National Anthem."

---

4. Welcoming Mr. Sean Aiken, QVMS Principal:
Caroline Steliotes, Conference Chair

SAY: Please welcome Mr. Sean Aiken, the Principal of Quaker Valley Middle School, to the stage.

---

5. Welcoming Ms. Jaros, PASC District 3 Director:
Caroline Steliotes, Conference Chair

SAY: Please welcome Ms. Jackie Jaros, the PASC District 3 Director, to the stage.

---

6. Introduce PASC Icebreakers:
Caroline Steliotes, Conference Chair

SAY: One of the most unique things about PASC is the icebreakers and cheers that we all do. We are going to teach you some of them today. If you know them already, please join in with us! And if you don't know them already, you will soon! QV Student Council let's go!

(Perform IceBreakers)

7. Keynote Speaker Intro
Read by: Caroline Steliotes

Our Keynote Speaker for today is Gregory Gibson Kenney. He is a professionally trained actor, having studied at the Pittsburgh Playhouse in association with Point Park College. He performed in various feature films including THE SILENCE OF THE LAMBS, THE JACKSON'S: AN AMERICAN DREAM, THE WONDER BOYS, as well as commercials, print ads and numerous theatrical productions. He was the Winner of the 1998 YWCA RACIAL JUSTICE AWARD and is a MEMBER OF THE NATIONAL BASEBALL HALL OF FAME EDUCATION ADVISORY BOARD SINCE 2000.

In keeping with our "T.E.A.M.: TOGETHER EVERYONE ACHIEVES MORE" Theme, Mr. Kenney will be portraying the role of one of the most famous baseball "team members" of all time. Please help me in welcoming Mr. Greg Kenney as he portrays Mr. Jackie Robinson.

8. Workshop Introductions
Read by: Caroline Steliotes

SAY: Thank you Mr. Kenney! That was fantastic! Another Round of Applause for Mr. Greg Kenney!
Everyone, take a look at the YELLOW Sheet in your folders. This sheet shows you which workshops you will be going to today. You MUST attend the workshops you are assigned to go to. The workshop presenters will only allow students assigned to that workshop to attend. All of the workshops are located in classrooms upstairs. When you leave the auditorium, turn right and go up the stairs. Follow the signs to your assigned workshop room. Here are the locations of the workshops:

Communication:	**Room 314**
First Impressions:	**Room 310**
Stress Management:	**Room 309**
Self-Confidence:	**Room 307**
Team Work:	**Room 305A**

----------End of Opening Session----------

CLOSING SESSION SCHEDULE

1. State Conference Video &
State Service Project:
Read by: Ms. Poljak & Ms. Bruno, QVMS Advisors

Each year, the school that hosts the PASC State Conference chooses a service project. This year's host, Pennridge High School, has chosen the Four Diamonds Fund for Childhood Cancer. The biggest contributor to the Four Diamonds Fund is Penn State University. Each year, thousands of Penn State students participate in THON, a 48 hour dance marathon to raise money for the Four Diamonds Fund.

(Add in personal PSU first hand experiences here).

Pennridge has prepared a video to raise your awareness of the Four Diamonds Fund, to challenge your student council and your school to host a mini-thon to raise money for the Four Diamonds Fund, and to introduce you to the state conference and state charity.

----------*Show State Conference Video Now*----------

_____

2. Blue Summer Leadership
Workshop Video
Read by: Mr. Long, QVMS Advisor

For one week each July, middle school student council members can get together and have an experience they will never forget. The Blue Summer Leadership Workshop, held in July each summer, is a 5 day experience where you learn leadership skills, plan all of your events throughout the week, meet very good looking delegates from other schools all over Western Pennsylvania, and have a very memorable experience that you will definitely want to have again!

----------*Show Blue Workshop Video Now*----------

3. Closing Remarks
Ms. Jaros, District 3 Director

4. Thank You & Goodbye
Read by: Caroline Steliotes

Hello everyone! I hope you all had a great time this morning. I would like to thank you all for coming today. The advisers, the students, and the volunteers who presented the workshops; thank you. This conference could not happened without all of you. Before we leave, I would like to inform you about a few PASC events happening in the future. One of which is the state conference. The state conference is being held at Pennridge High School this year on the 12th, 13th, and 14th in November. This conference will have kids from all over Pennsylvania. The State Conference's charity will be the Four-Diamonds Funds which teamed up with Penn State to create a THON where people dance for 48 hours to raise money for children with cancer. Pennridge's goal is the spread a mini-thon all over Pennsylvania to raise more money. If your school would be interested in having a mini-thon, then do so and bring the money you earn to the State Conference. Another PASC event is the BLUE Summer Workshop. It is five days at Grove City College for student entering 7th , 8th, and 9th grade. You will learn a lot, have a lot of fun, and come home with new friends. I hope you had a great time this morning, and learn a learn a lot. Have a safe trip home and I hope to see you at other student council events. Thank you.